

***Attention Arthritis Sufferers!***

## **Discover How One Simple Tweak Can Make Your Arthritis Irrelevant... and Help You Live an Extra Ten, Pain-Free Years!**

Researchers now say,

***“With modern, updated treatments and easier access to powerful healing foods, you can live longer (up to 10 Years!) with arthritis... but WITHOUT the inflammation, swelling, stiffness and pain!”***

Dear Friend,

“Arthritis should not hurt all the time.” So say researchers as they scramble to develop breakthrough traditional treatment options. Your doctor may even agree. Yet if you’ve felt its devastation, you only know hopelessness.

You’ve suffered the “give-and-take” of arthritis... and it’s been a bit one-sided.

Day in and day out, arthritis gives you intense muscle pain... stiffness... chronic fatigue... tender and swollen joints... inflammation. Yet it takes your independence, self-respect and dignity.

You anguish over your inability to do simple tasks others take for granted. Now, it hurts to get out of bed... pick up the phone... fold the clothes... hold your tooth brush... or turn the pages of your favorite book!

Your arthritis is a constant reminder of a life turned upside down. And, it can seem overwhelming at times. For some, you may be without a doctor. Or worse, your doctor knows little about your arthritis, and how to help.

### **But That’s About to Change!**

Hi, my name is Emily Thacker. For decades now, I’ve shared dozens of powerful home remedies and healing therapies proven to bring relief from the common diseases that plague us all... including arthritis.

If you suffer arthritis, your frustration is unique. Because the devastation of arthritis is so enormous, so far-reaching and so complex, I knew uncovering real-world solutions would be a tremendous undertaking.

So the past several years, I've traveled the globe and searched for answers. I spoke with doctors, researchers and health experts... reviewed medical journals, health publications and authoritative books. And, I talked with those who were most affected by arthritis... those who suffer its wrath!

And you have spoken. You long for a partner to help you understand your disease. One who can ease the overwhelm... and separate fact from fiction for successfully managing and treating your arthritis.

In a moment, you'll meet a new ally I've created to help do just that. Someone who can show you how to take the fight to the enemy... get control of your arthritis... and finally take back control of your life!

But first...

### **Meet Emily Thacker**

Best-selling author of over 18 natural health books, Ms. Thacker's passion for preserving youth and treating common health ailments naturally led her to create some of today's most powerful and timeless collections of home remedies.

Her unique, common sense approach to healing is well-received, with more than 4 million copies of her books in print, in multiple languages and in over a dozen countries.

Throughout her career, Ms. Thacker frequently contributed her expertise to Mother Earth News.

Countless articles about Ms. Thacker and her acclaimed works continue to appear in national newspapers (USA Today, The New York Times, Chicago Tribune, and Los Angeles Times) and magazines (Parade, USA Weekend, Modern Maturity, Womans Day and The Saturday Evening Post).

## **Arthritis Symptoms are a Sign... NOT a Life Sentence!**

The disease "arthritis" is associated with close to 130 different conditions. The Center for Disease Control (CDC), in conjunction with the National Arthritis Data Workgroup, estimates that 46 million Americans suffer with you! Another 6 million are sure they have the disease... *but go undiagnosed!*

Arthritis is one of the most widespread and oldest afflictions known to man. Its chronic, degenerative devastation covers the globe. In the U.S. alone, nearly 1 million new cases are diagnosed each year. According to the same

study published in the January issue of Arthritis & Rheumatism, an estimated 67 million people will be affected by arthritis by the year 2030!

Clearly, you are not alone! Arthritis is an enormous and complex enemy of your health. It can overwhelm even its toughest victim. And paralyze them into accepting confinement by their disease.

### **But for all its devastation, real help is available!**

Because finally, I just published the results of my extensive research on fighting arthritis. A brand new, comprehensive resource that will help you change course on how to understand and treat your arthritis.

Your new resource partner will explain in simple terms proven ways to tame pain... limit tender and swollen joints... relieve stiffness... and reduce inflammation. It'll detail modern treatment solutions from traditional medicine... as well as effective, safe and proven natural therapies.

For you, that means greater mobility... enhanced mood... increased strength... feeling young and vibrant again... and overall improved quality of life.

### Introducing, ***Fighting Arthritis Naturally!***

This unique guide offers practical solutions to help free you from the grip of arthritis. Years in the making, ***Fighting Arthritis Naturally*** provides:

- Solid tips for preventing the disease before it cripples
- Unique and proven methods for protecting against debilitating effects at the first sign of symptoms
- Secrets to tame arthritis if you already experience its devastation

#### **Praises for Emily's past works:**

*"You could say it is a Common Sense Bible. I use it most every day... I thank Emily Thacker for writing this great book."* – **Blanche Eckelberry, Trenton, MI**

*"I knew & use this for lots of things, but want to know more. A charm for arthritis!"* – **Gladys Williams, Dekalb, TX**

*"Words can't describe how much we love this book... I have arthritis in my feet and as I walked upstairs, it didn't hurt nearly so much. So now I want to order 2 more of these books. Thanks again for a great book."* – **Joan Stephens, Quebec**

*"I have been drinking vinegar (apple cider) and clover honey. It absolutely works on your weight and makes your aches and pains go away..."* – **D.H., Gatesville, TX**

But the process for taking back control from your arthritis starts with understanding...

## **The Biggest Threat to Your Health... is Not the Disease!**

If you're one of the millions who are always exhausted, feel run-down and worn-out, don't get out of bed, won't answer the phone, can't sleep at night, or battle severe depression... you know arthritis at its worst.

As bad as living with arthritis is, experts now agree there's something much more dangerous. Something so significant in your fight against arthritis... yet so easy to prevent. A threat only you can flush out... once you recognize the first symptoms. And if caught early, you can stop arthritis in its tracks!

What's the threat? Failing to get a definitive, immediate diagnosis!

That's right! Doctors report that far too many arthritis sufferers think a diagnosis isn't important... that there is no help... that NO treatment is as good as treatment.

Why is this a big mistake?

Because, cutting-edge medical research shows that early intervention, using heavy doses of potent drugs...

- Provides effective control of symptoms
- Slows the progression of arthritis
- And even prevents much of the damage from occurring.

Plus, researchers tell us that prompt intervention can add 10 years to your life expectancy... while modern scientific evidence even promises the possibility of cures for some conditions, like rheumatoid arthritis!

Yet, nearly half of its victims suffer for a year, or more, before seeing a doctor for help.

If you are one of these, this lack of urgency may cause you to suffer needlessly. And, lead to more frequent and severe flare-ups... disfigurement... chronic symptoms... and lower quality of life.

What's the easiest way to get an immediate and definitive diagnosis? By recognizing...

## The Arthritis Remedy No One Talks About

Any discussion about preventing or treating arthritis must begin with this one fail-safe remedy. Those who successfully live with arthritis say you should not be without it. Any reputable expert agrees, the best arthritis remedy is... an informed patient.

Why should you be your greatest advocate? Because treating arthritis has changed a lot the past few years. Your doctor may not be up-to-date on current standards. That's when mistakes happen. And, you pay the price. Studies suggest the most damaging treatment errors are:

- Delays in diagnosis
- Not treating aggressively enough
- Ignorance of the latest medical breakthroughs
- Overuse of steroids as a treatment method
- Failure to properly monitor medication side effects
- Implementing a one-size-fits-all exercise plan
- Downplaying the emotional impact of arthritis

The cost of these mistakes? Chronic pain... more severe flare-ups that last longer... irreparable damage to joints... unnecessary emotional stress, and susceptibility to more disease. All easily prevented when you take charge.

Statistics from the national Arthritis Foundation reveal those who take an active part in managing their disease report less pain, stiffness and disability. Now more than ever, it's critical to understand your arthritis.

And now, you don't have to go it alone!

Because it's in that tradition that I created ***Fighting Arthritis Naturally***. I make it easy to put you back in the driver's seat of managing your arthritis. To make your arthritis irrelevant... even a thing of the past! And with restored confidence, you can regain your mobility... improve your mood... feel young and vibrant again... get your strength back... and enjoy your independence again.

## That's Just the Tip of the Iceberg

Not sure ***Fighting Arthritis Naturally*** is for you? This invaluable resource on arthritis is packed full of history, statistics, science, traditional therapies, latest breakthroughs in drugs treatments, healing foods, natural home remedies, tips for coping, and much, much more.

Here are just a few of the amazing secrets you discover (and where to find them) that'll give you peace of mind about your arthritis worries:

- One simple step to avoid or delay irreversible joint damage (pg 15)
- How to add 10 years to your life... and be healthy to enjoy it! (pg 34)
- Two simple, practical steps for managing arthritis effectively (pg 46)
- A promising new technology to replace surgery as the best "fix" for damaged joints (pg 76)
- Which foods you eat heal your arthritis... and which ones aggravate it (chapter 7)
- Which home remedies live up to their claims... and why (chapter 9)
- What handful of drug-free therapies are gaining momentum (chapter 12)
- Why it's crucial to recognize "memory pain"... and how to best treat it (page 142)

These powerful revelations, and more, will change how you look at your arthritis. And leave you wondering why you suffered needlessly for so long. But now, you can enjoy greater peace of mind knowing you've taken back control of your body.

Therefore, it's important I make it easy to get ***Fighting Arthritis Naturally*** into your hands as quickly as possible... so you can benefit immediately from its vast research and timely advice. Order today, and you'll pay the low introductory price of just \$19.95 (plus shipping and handling).

Want to save even more? Order two books- an extra to give a loved one- for the low, discounted price of \$30... postpaid. You save more than 33%!

## **But That's Not All!**

To make sure I'm giving you the best possible value, I'll even include with your order a free copy of "The Incredible Magic of Honey and Vinegar for

Healing, Health and Weight Loss!". Not sold in stores anywhere, this incredible guide shows you the basics of weight loss, plus introduces proven, effective health remedies you can make right at home, easily and affordably! Please accept it as a special thank you for your loyalty, and for trying my newest natural health resource.

Yet there's more! Because you're also covered by our publishers exclusive 100% Satisfaction, 90-Day, Money-Back Guarantee. If you struggle with the devastation of arthritis, try ***Fighting Arthritis Naturally***... risk-free!

That's right! Discover for yourself and test-drive the countless life-changing secrets. If you don't agree ***Fighting Arthritis Naturally*** is the most comprehensive, valuable resource in your fight to reduce arthritis pain and inflammation, just return your copy to the publisher anytime with 90 days of purchase date for a full refund, no questions asked!

Plus, even if you do decide to return the book, you can still keep your free gift, "*The Incredible Magic of Honey and Vinegar for Healing, Health and Weight Loss!*", with our compliments!

But hurry! Supplies are limited. So fill out the No-Risk Request Form now to reserve your copy of ***Fighting Arthritis Naturally***.

To your healing... *Naturally!*

*Emily Thacker*

Emily Thacker

**P.S.** Remember, if your arthritis hurts all the time, and feels like it consumes your life, ***Fighting Arthritis Naturally*** just may be the resource you've been searching for. To discover how you can ease muscle pain... relieve tender and swollen joints... reduce stiffness... and tame the inflammation of your arthritis, grab your copy now!

**P.P.S.** And remember, you take no risk! If ***Fighting Arthritis Naturally*** doesn't put you back in the driver's seat to effectively managing your arthritis, you pay nothing! So grab your copy now!